Provider Well-being and Burnout ECHO
FALL 2022

Join us for presentations, discussions and community building.
Connect through Zoom: 747-792-3246

Who should attend?
• All providers in New Mexico (MDs, DOs, PAs, clinical pharmacists, psychologists, NPs) are welcome to attend

Benefits
• Earn up to 1 AMA PRA Category 1 Credit™ per session
• Create a sustainable career and reduce burnout
• Experience your own joy in medicine
• Limit the effects of burnout in people in your healthcare ecosystem
• Help make your workplace more rewarding
• Free activity

Learning Objectives
• Learn practices to support your well-being
• Identify system-level drivers of burnout
• Learn about your burnout and ways to mitigate its effects
• Take action to make changes and create a more well-being-centered work environment

Sympoiums
07/27/22  7 a.m. - 8 a.m.
12 p.m. - 1 p.m.
5:30 p.m. - 6:30 p.m.
08/10/22 Provider Well-being and Burnout – It Matters, You Matter
09/14/22 Envisioning Your Ideal Practice – Give Yourself Permission
10/12/22 Developing Emotional Intelligence
11/09/22 Maintain the Flame

Morning Sessions: Monthly, 7 a.m. - 8 a.m., second Wednesday
08/10/22 Provider Well-being and Burnout – It Matters, You Matter
09/14/22 Envisioning Your Ideal Practice – Give Yourself Permission
10/12/22 Developing Emotional Intelligence
11/09/22 Maintain the Flame

Noon Sessions: Twice monthly, 12 p.m. - 1 p.m., first and third Wednesday
08/03/22 Provider Well-being and Burnout – It Matters, You Matter
08/17/22 Well-being: Practicing Introspection and Setting Intentions
09/07/22 Aligning Personal and Organizational Resilience
09/21/22 Humanism, Creativity and Joy in Medicine
10/05/22 Microaggressions in Medicine – Our Experience as Providers
10/19/22 Self Compassion
11/02/22 Strength Embodied – Our Physical Selves and Burnout
11/16/22 Maintain the Flame

Evening Sessions: Monthly, 5:30 p.m. - 6:30 p.m., fourth Wednesday
08/24/22 Provider Well-being and Burnout – It Matters, You Matter
09/28/22 Moral Injury and Burnout
10/26/22 Mentorship in Medicine
11/23/22 Maintain the Flame

Contact the clinic coordinator at PWB_ECHO@phs.org for more information.

Scan or visit https://qrco.de/bbna2O to join a clinic or learn more about Project ECHO.

Credit Designation: Presbyterian Healthcare Services designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Accreditation: Presbyterian Healthcare Services is accredited by the New Mexico Medical Society (NMMS) to provide continuing medical education for physicians.