



New Mexico  
Pediatric  
Society

The New Mexico Chapter of the  
American Academy of Pediatrics

# 2025 Wylder Lecture Series

## Agenda

7:00 am - 7:50 am	REGISTRATION AND BREAKFAST
7:50 am - 8:00 am	<b>WELCOME AND INTRODUCTION</b> <i>Melissa Jongco Sanchez, MD, FAAP</i> - President New Mexico Pediatric Society
8:00 am - 9:00 am	<b>LET'S JUST GET A FEW TESTS   SAFELY DOING LESS IN PEDIATRICS</b> <i>Virginia A. Moyer, MD, MPH</i> Finding the balance between doing too little and doing too much can be difficult, especially when it comes to ordering tests. In this session we'll talk about Overdiagnosis, and how understanding this concept can help us safely do less. <ul style="list-style-type: none"><li>● Identify valid research evidence for screening and diagnostic tests used in pediatric care.</li><li>● Assess the balance of benefits and harms of screening and diagnostic tests used in pediatric care</li><li>● Identify the potential harms of overdiagnosis in pediatrics.</li></ul>
9:00 am - 10:00 am	<b>PEDIATRIC CARDIOLOGY "RED FLAGS" FOR THE GENERAL PEDIATRICIAN</b> <i>Molly Maenchen, MD, FAAP</i> A quick review of pediatric cardiology for the general pediatrician. Topics include common presentations of heart disease, critical exam findings, and "red flags" in patient and family history. <ul style="list-style-type: none"><li>● Discuss indications for a pediatric cardiology referral.</li><li>● Describe common presentations of heart disease in children.</li><li>● Review critical exam findings.</li><li>● Identify "red flags" in family and patient history.</li><li>● Differentiate benign and malignant syncope.</li></ul>
10:00 am - 10:15 am	BREAK

10:15 am - 11:15 am	<p><b>DYSPHAGIA IN THE PEDIATRIC POPULATION</b>  <i>Razan Alkhoury, MD, NASPHGAN-F</i></p> <p>Teaser</p> <ul style="list-style-type: none"> <li>● Identify the common etiologies and clinical presentations of dysphagia in pediatric patients.</li> <li>● Classify dysphagia based on anatomical and physiological mechanisms affecting swallowing function.</li> <li>● Understand diagnostic approaches, including clinical assessment, imaging, and endoscopic evaluations, for pediatric dysphagia.</li> <li>● Develop a multidisciplinary care plan incorporating gastroenterology, otolaryngology, speech language pathology, and nutrition to optimize outcomes for pediatric patients with dysphagia.</li> </ul>
11:15 am - 12:15 pm	<p><b>LIFTING HEAVY: THE UPS AND DOWNS OF SUPPLEMENTS AND INJURIES</b>  <i>Andrew John Maxwell Gregory, MD, FAAP, FACSM, FAMSSM</i></p> <p>We will discuss the evidence for safety and injury prevention advice surrounding weight training and sports supplements in young athletes.</p> <ul style="list-style-type: none"> <li>● Identify concerning signs/ symptoms of anabolic steroid use in young athletes.</li> <li>● Provide guidance on injury prevention in weightlifting in young athletes.</li> <li>● Discuss which supplements are safe for young athletes to take</li> </ul>
12:15 pm - 1:15 pm	<b>LUNCH AND POSTER SESSION</b>
1:15 pm - 3:15 pm	<p><b>NARRATIVE MEDICINE: AN ART-FOCUSED TOOL FOR CLINICIAN SELF-CARE</b>  <i>Sophie Peterson, MD</i></p> <p>Narrative Medicine, sometimes termed “health humanities”, is an interdisciplinary study of the interaction between the humanities and the arts and medicine and health. Evidence shows that the exploration of art and creative endeavors improves wellness and can serve as a valuable tool for clinicians to combat burn-out and improve work-life-value integration. In this interactive session, Sophie (Dr. Peterson) will introduce some of the basic concepts of Narrative Medicine and lead the group through a creative arts and wellness activity.</p> <ul style="list-style-type: none"> <li>● List at least one technique for close-reading/listening as utilized in Narrative Medicine practices</li> </ul>

	<ul style="list-style-type: none"> <li>● Identify one of the levels of listening.</li> <li>● Identify one self-care technique that they can integrate into home or work practice.</li> <li>● Analyze an elicited emotion from a work of art.</li> </ul>
3:15 pm- 3:30 pm	<b>BREAK</b>
3:30 pm - 4:30 pm	<p><b>HOW MUCH IS TOO MUCH? STRESS FRACTURES IN YOUNG ATHLETES</b>  <i>Andrew John Maxwell Gregory, MD, FAAP, FACSM, FAMSSM</i></p> <p>We will discuss the evidence for treatment and prevention of stress fractures in young athletes.</p> <ul style="list-style-type: none"> <li>● Identify which young athletes are at risk for stress fractures.</li> <li>● Understand how to diagnose stress fractures on exams and with imaging.</li> <li>● Understand who needs further workup for relative energy deficiency syndrome</li> </ul>
4:30pm - 5:30 pm	<p><b>VACCINE PREVENTABLE ILLNESSES: MEASLES, INFLUENZA, AND PNEUMOCOCCUS, OH MY!</b>  <i>Martha L. Muller, MD</i></p> <ul style="list-style-type: none"> <li>● Review epidemiology of pediatric measles, influenza and <i>S. pneumoniae</i> infections over the past decade.</li> <li>● Review basic vaccination immunology.</li> <li>● Review current recommendations for measles, influenza and <i>S. pneumoniae</i> vaccinations.</li> </ul>
5:30pm - 5:45 pm	<p><b>CLOSING REMARKS</b>  <i>Francine Jacobs, MD, FAAP - Vice-President NMPS</i></p>

# ON-LINE PRESENTATIONS

On-line Presentation	<p><b>FIREARM SAFETY: WHY ASK ABOUT GUNS IN THE HOME?</b> <i>Theresa Cruz, Phd</i></p> <p>Child firearm injury emergency department visits increased by 25% between 2020 and 2024. This session will provide data on firearm injuries in New Mexico and strategies for pediatricians to play an active role in reducing unintentional firearm injuries, suicide by firearm, and gun violence.</p> <ul style="list-style-type: none"><li>• Compare US and New Mexico firearm injury data by intent.</li><li>• Describe how extreme risk protection laws work.</li><li>• Explain at least three evidence-based strategies to prevent gun violence.</li><li>• Plan to implement at least one new firearm injury prevention strategy into your practice.</li></ul>
On-line Presentation	<p><b>DENIED BUT NOT DEFEATED: FIXING COMMON DENIALS IN PEDIATRIC BILLING</b> <i>Heidi Chamberlin, Pediatric Billing Specialist</i></p> <p>Claim denials can feel like a never-ending battle, but with the right strategies, you can take control. Join this session to uncover the most common pediatric billing denials and learn how to prevent, address, and overturn them with confidence.</p> <ul style="list-style-type: none"><li>• Interpret CARC codes to identify patterns of denials and estimate their financial impact on pediatric practices.</li><li>• Apply best practices to locate root causes of claim denials and develop strategies for successful appeals.</li><li>• Evaluate payer policies and recommend proactive measures to reduce denial rates and optimize revenue cycle management.</li><li>• Construct effective appeal letters using payer guidelines and prepare documentation to support claim reconsiderations</li></ul>
On-line Presentation	<p><b>CHILD PSYCHIATRIC ACCESS PROGRAMS: RESOURCES FOR PEDIATRICIANS TAKING CARE OF KIDS WITH MENTAL HEALTH NEEDS</b> <i>Olivia Shadid, MD and Amy Myers Rouse, MD</i></p> <p>Within New Mexico and nationally, children and adolescents are suffering from high rates of mental health struggles, further exacerbated by a child psychiatrist shortage. Drs. Rouse and Shadid will describe an innovative model of providing pediatricians with access to child psychiatry consultation and tailored resources, thus empowering</p>

	<p>pediatricians to care for these patients.</p> <ul style="list-style-type: none"><li>● Describe behavioral health primary care integration models.</li><li>● Discuss the development of Child Psych Access Projects and Pediatric Mental Health Care Access Programs to support primary care providers caring for youth with mental health needs.</li><li>● Compare cases involving pediatric mental health needs and ways that local resources such as NM-Access to Behavioral Health for Children (NM-ABC) can support pediatricians.</li></ul>
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